

NORTHWEST LOUISIANA MENU

AUGUST 2017



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Be Active

1

Breaded Chicken
Patty with Gravy
Macaroni and Cheese
Mixed Vegetables
Apple Juice
Wheat Roll
Seasonal Fruit
Milk | Margarine

2

Creole Steak
Butter Beans
Brussels Sprouts
Cornbread
Raspberry Gelatin
Milk | Margarine

3

Ham & White Beans
Harvard Beets
Broccoli Florets
WG Breadstick
Chocolate Chip Cookie
Milk | Margarine

4

Picnic Friday
Chicken Salad
Ranch House Tomato
Salad
Carrot Sticks
Wheat Bread (2)
Rice Krispy Treat
Milk
Ranch Salad Dressing

7

Smoked Sausage
Buttered Rice
Red Kidney Beans
Fruit Blend Juice
Hot Dog Bun
Fresh Orange
Milk | Margarine

8

Beef Patty w/Peppers
and Gravy
Country Potatoes
Spinach
Texas Bread
Brownie
Milk | Margarine

9

Oven Fried Chicken
Thigh
Mashed Spiced Yams
Green Peas
Wheat Roll
Lemon Gelatin
Milk | Margarine

10

Beef Chili with Beans
Whole Kernel Corn
Cauliflower
Saltine Crackers
Peanut Butter Cookie
Milk | Margarine

11

Picnic Friday
Chef Salad
California Vegetable
Salad
Mixed Fruit
Saltine Crackers
Gingerbread Cookie
Milk
Ranch Salad Dressing

14

Meatloaf with Gravy
Garlic Whipped
Potatoes
Spring Vegetable Blend
Wheat Roll
Marble Pudding
Milk | Margarine

15

Sliced Turkey Breast
Swiss Cheese
Green Pea Salad
Cucumber and
Tomato Salad
Wheat Bread (2)
Seasonal Fruit
Milk | Mayonnaise

16

Chicken and Sausage
Jambalaya
Cabbage
Glazed Carrots
Dinner Roll
Cherry Gelatin
Milk | Margarine

17

Sloppy Joe
Tater Tot Casserole
Seasoned Green Beans
Hamburger Bun
Sugar Cookie
Milk

18

Picnic Friday
Sliced Ham &
American Cheese
Coleslaw
Copper Pennies
Wheat Bread (2)
Fudge Crème Cookie
Milk | Mustard

21

Confetti Chicken
Breast
Lima Beans
California Vegetable
Blend
Dinner Roll
Rosy Applesauce
Milk | Margarine

22

Spaghetti Casserole
Green Peas
Garden Vegetable
Blend
Texas Bread
Seasonal Fruit
Milk | Margarine

23

All Beef Hot Dog
Whole Kernel Corn
Ranch Beans
Hot Dog Bun
Strawberry Gelatin
Milk | Mustard

24

Lemon Pepper Chicken
Strips w/Gravy
Black-eyed Peas
Stewed Tomatoes
WG Breadstick
Oatmeal Raisin
Cookie
Milk | Margarine

25

Picnic Friday
Sliced Turkey &
Swiss Cheese
Potato Salad
Carrot Sticks
Wheat Bread (2)
Frosted Birthday Cake
Milk | Mayonnaise
Ranch Salad Dressing

28

Italian Style Pork
Whipped Potatoes
Green Peas
Texas Bread
Tutti Frutti Pudding
Milk | Margarine

29

Chicken Salad
Corn Relish Salad
Broccoli Salad
Wheat Bread (2)
Seasonal Fruit
Milk

30

Beef Patty
Lettuce and Tomato
Baked Beans
Hamburger Bun
Hot Cinnamon
Applesauce
Milk | Mayonnaise

31

Herb Crusted Pork
Loin with Gravy
Garlic Whipped
Potatoes
Glazed Baby Carrots
Wheat Roll
Peanut Butter Cookie
Milk | Margarine

NORTHWEST LOUISIANA MENU

SEPTEMBER 2017



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Make Half Your Plate Fruits and Vegetables

Labor Day Meal ¹
 BBQ Brisket
 Tater Gems
 Collard Greens
 Texas Bread
 Chocolate Moonpie
 Milk | Margarine

⁴
Happy Labor Day

⁵
 Salisbury Steak
 Garlic Whipped Potatoes
 Creole Green Beans
 Wheat Bread
 Lemon Pudding
 Milk | Margarine

⁶
 Chicken & Dumplings
 Field Peas
 Tossed Salad
 Biscuit
 Spiced Fruit
 Milk | Margarine
 Ranch Salad Dressing

⁷
 Sliced Turkey Breast with Gravy
 Cut Yams
 Cabbage
 Dinner Roll
 Carnival Cookie
 Milk | Margarine

⁸
 Taco Meat
 Pinto Beans
 Southwest Corn
 Flour Tortilla
 Oatmeal Crème
 Cookie
 Milk | Taco Sauce

¹¹
 Swedish Meatballs
 Parslied Potatoes
 Seasoned Green Beans
 Wheat Bread
 Chocolate Swirl Pudding
 Milk | Margarine

¹²
 Breaded Chicken Patty with Gravy
 Macaroni and Cheese
 Mixed Vegetables
 Apple Juice
 Wheat Roll
 Seasonal Fruit
 Milk | Margarine

¹³
 Creole Steak
 Butter Beans
 Brussels Sprouts
 Cornbread
 Raspberry Gelatin
 Milk | Margarine

¹⁴
 Ham & White Beans
 Harvard Beets
 Broccoli Florets
 WG Breadstick
 Chocolate Chip Cookie
 Milk | Margarine

¹⁵
 Boneless Savory Chicken Thigh
 Cheesy Whipped Potatoes
 Glazed Carrots
 Dinner Roll
 Rice Krispy Treat
 Milk | Margarine

¹⁸
 Smoked Sausage
 Buttered Rice
 Red Kidney Beans
 Fruit Blend Juice
 Hot Dog Bun
 Fresh Orange
 Milk | Margarine

¹⁹
 Beef Patty w/Peppers and Gravy
 Country Potatoes
 Spinach
 Texas Bread
 Brownie
 Milk | Margarine

²⁰
 Oven Fried Chicken Thigh
 Mashed Spiced Yams
 Green Peas
 Wheat Roll
 Lemon Gelatin
 Milk | Margarine

²¹
 Beef Chili with Beans
 Whole Kernel Corn
 Cauliflower
 Saltine Crackers
 Peanut Butter Cookie
 Milk | Margarine

²²
 BBQ Pork Rib Patty
 Hawaiian Baked Bean
 Broccoli and Carrots
 Texas Bread
 Gingerbread Cookie
 Milk | Margarine

²⁵
 Meatloaf with Gravy
 Garlic Whipped Potatoes
 Spring Vegetable Blend
 Wheat Roll
 Marble Pudding
 Milk | Margarine

²⁶
 Sliced Turkey Breast
 Swiss Cheese
 Green Pea Salad
 Cucumber and Tomato Salad
 Wheat Bread (2)
 Seasonal Fruit
 Milk | Mayonnaise

²⁷
 Chicken and Sausage
 Jambalaya
 Cabbage
 Glazed Carrots
 Dinner Roll
 Cherry Gelatin
 Milk | Margarine

²⁸
 Sloppy Joe
 Tater Tot Casserole
 Seasoned Green Beans
 Hamburger Bun
 Sugar Cookie
 Milk

²⁹
 Sliced Ham with Raisin Sauce
 Mashed Spiced Yams
 Mixed Greens
 Cornbread
 Frosted Birthday Cake
 Milk | Margarine