

Sabine Council on Aging, Inc. - Toledo Center
 29275 Hwy. 191
 Many, LA 71449
 Phone: (318) 256-0059
 Monday - Friday (8:00 a.m. until 4:00 p.m.)
 Managers: Denise McGaha and Cherie Bozeman



OCTOBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing	3 9:00 Pool & Games 12:00 Pokeno 2:30 Yoga 	4 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing	5 8:30 Breakfast Club 9:00 Pool & Games Flu Shots 	6 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing
9 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Canasta	10 9:00 Pool & Games 10:00 Wildflowers 11:30 Scrabble 12:00 Pokeno 2:30 Yoga 	11 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Bridge	12 8:30 Breakfast Club 9:30 Senior Day - Zwolle Tame Fiesta 	13 8:00 Parking Lot Sale 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Quilting
16 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Bridge	17 9:00 Pool & Games 12:00 Pokeno 2:30 Yoga	18 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Bridge	19 8:30 Breakfast Club 9:00 Pool & Games 12:00 Hand & Foot 2:30 Yoga	20 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Quilting
23 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing	24 9:00 Pool & Games 9:00 Craft Day - Cake Decorating 12:00 Pokeno 2:30 Yoga 	25 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Bridge 	26 8:30 Breakfast Club 9:00 Pool & Games 9:00 Brown Hearing 12:00 Hand & Foot 2:30 Yoga	27 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing 10:00 Quilting
30 8:15 Exercise 9:00 Pool & Games 9:30 Line Dancing	31 9:00 Pool & Games 10:00 Halloween party 12:00 Pokeno	<i>Lunch is served at 11:30 a.m. daily</i>	<i>Activities subject to Change without notice.</i>	28 9:00 'Round the Bend Quilters 