

SABINE COUNCIL ON AGING, INC.

DIRECTOR'S REPORT

April 23, 2009

We at the Sabine Council on Aging are walking around with our eyes Wide Open. We're afraid to even blink for fear of missing something. It seems just yesterday I was preparing my Director's Report for March and now I am at it again. So much has happened in the last month, including a lot of time spent planning for next month! We have many activities coming up that will provide fun and entertainment for the entire parish.

Our second Community Dance, which was held at our Toledo Center facility on Friday, April 17th was so much fun even though it was sparsely attended due to extremely bad weather. All who did brave the weather had a great time and I believe they will make a habit of coming on the third Friday night of each month. The Gary Cathey Band from Alexandria did a wonderful job of providing the music and played every "Rainy Night" song they knew.

Tuesday, April 21st we held our third annual Volunteer Appreciation Day at which we honored our many volunteers. Henry Shoemaker, accompanied by Vernon Stephenson and Don Parker entertained us again this year with heart lifting music which put a smile on all our faces. Everyone joined in as SCOA Board Member Gloria Napier lead us in a beautiful rendition of "In the Garden". Gift bags and certificates were given to each volunteer to show our appreciation for all they do for us. We had approximately 60 volunteers on hand to help us celebrate another successful year at the Council on Aging.

On May 5th, from 11 a.m. to 1 p.m., we will be hosting a Ribbon Cutting Ceremony to celebrate the completion of our Walking Path. The festivities will be held on the new parking lot by the Legacy Building and everyone is invited to attend. We will have a live radio remote, food, games and entertainment. We want to honor those who helped us get this Walking Path in place and encourage our community to share in not only its beauty, but also its availability. We should all get out there and WALK!

May 19th, from 7:30 a.m. to 11 a.m., the Council on Aging will hold a Health Fair at our Toledo Center location. There will be many opportunities to gather information on health issues, have your blood pressure checked, your blood sugar tested and talk to health care professionals. This annual event is a just one of the many ways we reach out to offer support to our community.

So much activity has helped another busy month at the Council pass like a flash. In March we served 1,476 Congregate meals at our meal sites and delivered 4,452 meals to Home Bound seniors. We provided 215 units of homemaker service for our seniors, 153 hours of Caregiver services, and 52 contacts have been made for Outreach, Information & Assistance. We provided 628 units of transportation, 429 units of wellness, and 1,811 units of recreation.

Be sure to check our May calendars for current events and special activities. A complete calendar, listing all the regularly scheduled activities is available by calling our office 256-4140 or checking out our website (www.sabinecoa.com).

Respectfully submitted,
Linda Rigsby
Executive Director